

BMW

Model	Year	Chassis	Engine	MT	Clutch Type	Spec I		Spec II			Price \$	Note	
						Model #	Pedal Effort	Model #	Clamping Force (kg)	Pedal Effort			
Spec II is equipped with a new pressure plate and floating plate(s) (for twin/triple)													
E36	93-95	M3B	3.0 L		Triple			CB23H310	-11S	1,100		\$4,494.00	#1
									-14S	1,400			#1
									-15	1,500			#1
									-19	1,900			#1
									-11S	1,100			#1, #2
									-14S	1,400			#1, #2
	Triple Light Flywheel			CB23H310L	-15	1,500		\$4,458.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1					
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
	Twin			CB23H210	-11S	1,100		\$3,459.00	#1				
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
					-11S	1,100		#1, #2					
					-14S	1,400		#1, #2					
	Twin Light Flywheel			CB23H210L	-15	1,500		\$3,424.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1, #2					
-14S					1,400		#1, #2						
-15					1,500		#1, #2						
-19					1,900		#1, #2						
Single			CB23H112	-16S	1,600		\$2,354.00	#1					
				-24S	2,400		#1, #2						
Single Light Flywheel			CB23H112L	-16S	1,600		\$2,318.00	#1, #2					
				-24S	2,400		#1, #2						
96-	M3C	3.2 L		Triple			CB23H310	-11S	1,100		\$4,494.00	#1	
								-14S	1,400			#1	
								-15	1,500			#1	
								-19	1,900			#1	
								-11S	1,100			#1, #2	
								-14S	1,400			#1, #2	
	Triple Light Flywheel			CB23H310L	-15	1,500		\$4,458.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1					
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
	Twin			CB23H210	-11S	1,100		\$3,459.00	#1				
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
					-11S	1,100		#1, #2					
					-14S	1,400		#1, #2					
	Twin Light Flywheel			CB23H210L	-15	1,500		\$3,424.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1, #2					
-14S					1,400		#1, #2						
-15					1,500		#1, #2						
-19					1,900		#1, #2						
Single			CB23H112	-16S	1,600		\$2,354.00	#1					
				-24S	2,400		#1, #2						
Single Light Flywheel			CB23H112L	-16S	1,600		\$2,318.00	#1, #2					
				-24S	2,400		#1, #2						
93-	318is			Triple			CB23H310	-11S	1,100		\$4,494.00	#1	
								-14S	1,400			#1	
								-15	1,500			#1	
								-19	1,900			#1	
								-11S	1,100			#1, #2	
								-14S	1,400			#1, #2	
	Triple Light Flywheel			CB23H310L	-15	1,500		\$4,458.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1					
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
	Twin			CB23H210	-11S	1,100		\$3,459.00	#1				
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
					-11S	1,100		#1, #2					
					-14S	1,400		#1, #2					
	Twin Light Flywheel			CB23H210L	-15	1,500		\$3,424.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1, #2					
-14S					1,400		#1, #2						
-15					1,500		#1, #2						
-19					1,900		#1, #2						
Single			CB23H112	-16S	1,600		\$2,354.00	#1					
				-24S	2,400		#1, #2						
Single Light Flywheel			CB23H112L	-16S	1,600		\$2,318.00	#1, #2					
				-24S	2,400		#1, #2						
E46	01-	M3		Triple			CB23H320	-11S	1,100		\$4,494.00	#1	
								-14S	1,400			#1	
								-15	1,500			#1	
								-19	1,900			#1	
								-11S	1,100			#1, #2	
								-14S	1,400			#1, #2	
	Triple Light Flywheel			CB23H320L	-15	1,500		\$4,458.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1					
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
	Twin			CB23H220	-11S	1,100		\$3,459.00	#1				
					-14S	1,400		#1					
					-15	1,500		#1					
					-19	1,900		#1					
					-11S	1,100		#1, #2					
					-14S	1,400		#1, #2					
	Twin Light Flywheel			CB23H220L	-15	1,500		\$3,424.00	#1, #2				
					-19	1,900		#1, #2					
					-11S	1,100		#1, #2					
-14S					1,400		#1, #2						
-15					1,500		#1, #2						
-19					1,900		#1, #2						
Single			CB23H122	-16S	1,600		\$2,354.00	#1					
				-24S	2,400		#1, #2						
Single Light Flywheel			CB23H122L	-16S	1,600		\$2,318.00	#1, #2					
				-24S	2,400		#1, #2						
Mini Cooper	06-	R56/MF16S	1.6L turbo	6MT	Single			CB23H142	-16S	1,600		\$2,407.00	#3

Note

- #1: Flywheel bolts are included. Isuzu throw out bearing 5-09803005-0 or NSK throw out bearing TK-45-4B is required (sold separately)
- #2: Light flywheel version - the weight of the light flywheels are 3.7kg for triple & twin and 4.2 kg for single
- #3: Nissan throwout bearing 30502-14601 is required